

# GRISWOLD

## SENIOR CENTER NEWS

JANUARY 2018

The Griswold Senior Center  
is open to  
all people age 55 or Older.

Happy  
New Year!

**Tina R. Falck, Director/Municipal Agent # 22 Soule Street, Jewett City, CT 06351**  
**# 376-2604 #Hours: Monday—Thursday 8:00 — 3:15 pm Friday 8:00 — 12:30 pm**  
**E-mail address: griswoldseniors@yahoo.com**

**HAPPY NEW YEAR!!**

THE SENIOR CENTER WILL BE CLOSED ON MONDAY, JANUARY 1ST AND MONDAY, JANUARY 15TH IN OBSERVANCE OF NEW YEARS DAY AND MARTIN LUTHER KING JR DAY.

### **MEMBERSHIP MEETING**

**WEDNESDAY, January 3th @ 12:30 p.m. — First Selectman, Todd Babbitt, will be here to answer your questions on town affairs. Light refreshments to follow meeting.**

### **MEMBERSHIP DUES ARE NOW DUE AND CONTINUE TO BE \$3.00**

TVCCA CAFÉ MEALS are served Monday thru Friday at the Center. Delicious hot meals. \$3.00 donation requested. You must be 60 yrs old.

### **TVCCA SPECIAL HOLIDAY MEAL**

Wednesday, January 17th at 11:30 AM  
Pulled Pork, Seasoned Rice, Broccoli, Cornbread & Apple Crisp.  
Suggested donation \$5.00. Please sign up.

MUNICIPAL AGENT SERVICES with the Director are available by appointment. Call if you have questions or concerns regarding Medicare, Social Security, Insurance, Medications, Food Stamps or any other services.

### **SENIOR CENTER MEDICAL TRANSPORTATION IS FREE WITH 24-48 HOUR NOTICE**

- ♦ -MEDICAL TRANSPORTS
- MONDAY & WEDNESDAY 9:00 AM— 1:30 PM
- TUESDAY & THURSDAY 9:00 AM— 11:30 PM
- FRIDAY (LOCAL ONLY) 9:00 AM — 11:00 AM

### **SENIOR CENTER SHOPPING DAYS**

- ♦ -TUESDAY AFTERNOONS AT BETTER VALU AND ALDI
- ♦ THURSDAY AFTERNOONS AT WALMART

**DIAL A RIDE — Medical transportation in New London Country 24/7 — this is especially helpful when the center cannot provide a ride for you. Call for more information and registration.**

### **Happy New Year To You**

Happy New Year to you!  
May every great new day  
Bring you sweet surprises-  
A happiness buffet.

Happy New Year to you,  
And when the new year's done,  
May the next year be even better,  
Full of pleasure, joy and fun.

- Anonymous

### **MOVIE DAY**

Wednesday, January 17th at 12:15 after the Special Meal we will have a comedy movie to watch. Come join us.

### **FOXWOODS BINGO!!**

Thursday, January 11th **Self pay admission.** Admission starts at \$15.00. This does not include specials or quickies. You will receive a free buffet voucher and a \$10.00 Slot Play Please sign up!!  
**Other scheduled trips to Foxwoods Bingo are scheduled for Thursday, February 1st & Friday, February 23rd. Same as above, Please sign up.**

### **UCONN WOMEN VS TULANE BASKETBALL GAME AT GAMPEL PRAVILION**

Enjoy an afternoon of basketball at the University of Connecticut campus.  
Saturday, January 27th. Leaving the senior center at 10:00 am. A quick stop at a fast food place on the way to the game. Game begins at 12:00 pm  
**COST PER TICKET \$20.00**

### **UCONN HOCKEY VS BOSTON COLLEGE AT THE XL CENTER**

Friday, February 2nd. Leaving the senior center at 5:00 pm. A quick stop at a fast food place on the way to the game. Game begins at 7:00 pm  
**COST PER TICKET \$23.00**



**WEEKLY CLASSES**

**MOST CLASSES RESUME THE FIRST WEEK OF JANUARY. PLEASE CHECK SCHEDULE BELOW**

**CHAIR AEROBICS:**

**Monday & Wednesday @ 9:30 am**

This program is designed for those who cannot participate in a regular Aerobic program. All movement takes place while sitting in your chair.

**QUILTING WITH PAULETTE SYLVESTRE**

**Mondays, 10:00 to 12:00 pm**

**AEROBICS WITH SHARON GAGNE**

**Tuesdays and Thursdays, 9:00 to 10:00 am**

**LINE DANCING WITH JACK MCLAUGHLIN**

**Tuesdays, 1:00 to 2:30 pm**

Good music, good dancing.

Come to dance or just to listen—either way, you will enjoy the afternoon.



**CARD STAMPING WITH EDITH WOJTKIEWICZ**

**Tuesday, January 16th at 1:00 pm**

Beautiful hand-crafted cards with seasonal

**ART CLASSES WITH JEANETTE GREEN**

**Wednesdays, 10:00 to 12:00 pm**

From beginner to advanced.

**THIS CLASS IS APPROPRIATE FOR ALL LEVELS**



**SWEDISH WEAVING WITH TERRY BLANCHARD**

**RESUMES JAN 11TH**

**Thursdays 10:00 to 12:00 pm**

**TAI CHI CLASS WITH JULIE OLIVER**

**Thursdays 3:00 to 4:00 pm**

*This class is offered free through the generous support of Jewett City Savings Bank.*

**BEGINNER LINE DANCING with Darlene Zuraw**

**Fridays 10:00—11:30 am Very enjoyable class!!**

**SENIOR CENTER BOOK CLUB meets at Slater Library the first Friday of the month @ 1:30 p.m.**



**BINGO SEASON WILL RETURN IN MARCH**



First Bingo will be

Monday, March 5th

Paper sales begin at 12:00 pm

Game begins at 12:30 pm

**WEEKLY GAME DAYS All are welcome.**

- ♦ **PITCH: TUESDAY at 1:15 pm. A game of "High-low-Jack"**
- ♦ **SKIP-BO: TUESDAY at 12:00 pm. This game is fun and easy to learn.**

**HAPPY BIRTHDAY TO ALL OF OUR FRIENDS WITH JANUARY BIRTHDAYS**  
**HAPPY ANNIVERSARY TO THOSE COUPLES CELEBRATING THEIR YEARS TOGETHER!!**



**ALZHEIMER'S CARETAKER SUPPORT GROUP**

This support group will meet on the fourth Thursday this month. We have information on programs to help you cope or you may need some support from others.

You are not alone.

**Thursday, January 25th 3:00 to 4:00 pm**

**BLOOD PRESSURE CLINIC IS NOW ON MONDAYS**  
**AMERICAN AMBULANCE EVERY MONDAY AT 11:00 AM**

**TVCCA ENERGY ASSISTANCE**

***Don't be left out in the cold!!***

Completing applications for ENERGY ASSISTANCE.

***Call for more information or to make your appointment.***

**MOBILE FOOD PANTRY**

**Wednesday, January 17th, 4-5 p.m.**

Behind St. Mary's School. Every third Wednesday of the month. Bring your Bags!

**FOOTCARE CLINIC WITH DR. WALTER**

**Thursday, February 22nd.**

Call for an appt.

Transportation provided.

**POOL EXERCISE FOR SENIORS AT AMERICINN**

**Monday's & Friday's 9:30 to 10:30 Cost is \$2.00**

**Bring your swimsuit and towel!**

**CAREGIVER'S SUPPORT GROUP HAS MOVED TO THE SLATER LIBRARY**

**TUESDAY, JANUARY 2ND— 2:00 to 3:30 p.m. Facilitated by Senior Resources, our local Agency on Aging.**

If you are caring for a loved one and have concerns, or you simply need to talk, **PLEASE** come to our next meeting. The information shared is helpful and important to YOU—the caretaker!

**NOTE: We have a supply of resource books & other materials on hand which you may borrow at any time.**

**UPCOMING TRIPS**

**ST. MARY'S TRAVELERS PRESENTS**

Jesus is Coming to Lancaster, PA

This is a 3 day tour May 16—18, 2018 (2 SHOWS)

Package includes: Motor Coach, 2 nights at Best Western

Hotel, 2 Breakfast Buffets at the hotel, Miller's Smorgasbord (dinner #1), Family Style dinner in a real Amish home, (dinner #2) "JESUS" at the lovely Sight Sound Theater, American Music Theatre "Vegas Legends", Guided Amish country farmland tour, Kitchen Kettle Village, Shady Maple Complex, Baggage handling & all taxes and driver gratuities. \$405 Double Occupancy Deposit of \$50 per person is due at sign up. **Call Joe Lussier for more information 860.376.9912**